# **Craigslea Tuckshop**



# **Traffic Light System**





# RED Occasionally

AMBER Select Carefully

## **GREEN Have Plenty**

Everyday Meals From The War Chicken nuggets – GF (4)	<b>mer</b> \$3.00
Chicken nuggets – Gi (4) Chicken nugget wrap – chicken nuggets,	φ3.00
carrot, lettuce, tomato and mayo	\$4.00
Garlic bread	\$4.00 \$2.50
Homemade pizza – cheese	\$3.50
Homemade pizza – ham 'n' pine	\$4.00
Homemade pizza – meat lovers	\$4.50
Loaded gems – potato gems, chicken, cheese Mini chicken burger – chicken tender, carrot	\$5.00
cheese, lettuce, tomato – BBQ or tomato sauce	\$4.50
Mini hamburger – beef pattie, carrot, cheese,	• • • • • •
lettuce, tomato – BBQ or tomato sauce	\$4.50
Party pie	\$2.00
Pasta beef bolognaise	\$4.50
Potato gems	\$2.50
Sausage roll - large (sauce 30c)	\$3.20
Snack Packs	
Snack pack (carrot, cucumber sticks, cheese,	
Sakata crackers 13g, hommus) GF	\$3.00
Apple slinky, boiled egg, cheese stick	\$2.50
Cheese stick, Sakata crackers, salami stick	\$3.00
Plain milk 200ml, apple slinky, popcorn	\$3.50
Muffin – apple and vanilla, apple juice	\$2.50
Muffin – chocolate, apple juice	\$2.50
Muffin – apple and vanilla, orange juice	\$2.50
Muffin – chocolate, orange juice	\$2.50
Sandwich Bar Sandwiches are made using hi fibre white bread unless otherwise specified. Wraps additional cost.	
Cheese	\$2.50

Cheese	\$2.50
Chicken	\$3.20
Egg, lettuce, mayo	\$3.00
Ham	\$2.80
Salad (lettuce, carrot, cucumber, tomato)	\$3.20
Tuna, mayo	\$3.30
Vegemite or jam	\$2.00
Ham and cheese toasted sandwich	\$3.60

#### **Wraps**

Chicken salad (lettuce, carrot, cucumber,	
tomato)	\$5.00
Ham salad (lettuce, carrot, cucumber,	
tomato)	\$5.00

#### **Gourmet – Toasted Turkish Bread**

Gourmet chicken / ham (avocado	aioli, sundried
tomato, Swiss cheese)	\$5.50

#### **Garden Salad**

Lettuce, beetroot, carrot, cheese,	cucumber,
tomato, salad dressing	\$5.00

#### **Extra Options**

Avocado	\$0.70
Beetroot	\$0.30
Carrot	\$0.30
Cheese	\$0.60
Cheese swiss	\$0.80
Chicken	\$2.00
Cucumber	\$0.30
Egg - boiled	\$0.80
Ham – slice	\$0.80
Lettuce	\$0.80
Tomato	\$0.30
Tuna	\$1.40
Aioli, mayo or BBQ sauce	\$0.40
Tomato sauce (GF = \$0.50)	\$0.40
Toasting	\$0.30
Wrap (instead of bread)	\$0.70

### **EFTPOS – Minimum transaction \$2.00**

Ham and cheese toasted sandwich

#### Frozens

Calippo – GF – 62g	\$1.50
Frozen mango	\$1.00
Icy Twist – 71g	\$1.50
Silly fruits – GF – 35ml	\$0.50
Slushy – 170ml	\$2.00
Vanilla ice cream cup – GF – 100ml	\$1.50
Yoghurt – frozen chocolate & vanilla – 120ml	\$2.20
Zooper Dooper – GF – 70ml	\$1.00

#### Snacks

Apple slinky Biscuit – chocolate chip (or 2 for \$0.70)	\$1.50 \$0.50
Biscuit – chocolate wafer	\$0.10
Biscuit – scotch finger (or 2 for \$0.30)	\$0.20
Chips GF (Honey soy chicken / Sea salt) – 28g	\$2.00
Chips - Snaps - GF – BBQ - 25g	\$2.00
Jelly cup - GF	\$0.80
Jumpy's – 18g	\$1.50
Muffin – apple and vanilla	\$1.50
Muffin – chocolate	\$1.50
Popcorn – GF - 13g	\$0.80
Salami mild striker stick – 15g	\$2.00

#### **Drinks**

Apple juice - 200ml	\$2.00
Krazy Lemon – 200ml	\$2.50
Milk - Chocolate / Strawberry – 250ml	\$2.50
Milk – plain – 200ml	\$1.50
Orange juice - 200ml	\$2.00
Water - 600ml	\$2.00

Coffee	\$3.50
Hot chocolate – (children prior to 8.45am)	\$3.30
Теа	\$3.00

EXTRA - Counter orders - \$0.50 per bag / order

#### **EFTPOS – Minimum transaction \$2.00**

Tuckshop – Phone: 3350 8744

Carol – P&C Operations Manager – Phone: 3350 8741 – Email: operations@craigsleapandc.org.au

Munch Monitors - https://www.munchmonitor.com/ Phone – 1300 796 190

#### Volunteers always welcome for any time that is convenient to yourself. Thank you in advance.